Registration Includes:

- Coffee & Registration
- Plenary & Concurrent Sessions
- Lunch
- Materials

**For your comfort please bring a sweater**

Directions

From Hwy 401 take the Division St exit, head south to Princess St, turn left at lights. The Holiday Inn is located at the end of Princess St.

*Parking at Holiday Inn
Special Rate: $3/hr up to $16

This course is made available with support from the Stroke Network of Southeastern Ontario

This event has been accredited for 8 CME Credits (RPPEO)

Cancellation Policy: If you register and are subsequently unable to attend, please contact the office at (613) 549-6666 x 3853 or eves1@kgi.kari.net, BEFORE Tuesday, November 15, 2016.

Although there is no registration fee for the course, an accurate estimate of numbers attending is necessary for catering reasons.
**Target Audience**

Health care professionals, front line health care providers, and administrators working in all settings across Southeastern Ontario.

**Program Objectives**

This symposium supports the application of Stroke Best Practice across the care continuum in Southeastern Ontario. It provides an opportunity for members of the interprofessional team to learn from each other and network to improve collaboration and quality of care. At the end of the symposium the participant will have had the opportunity to:

- learn best practice strategies to use in the practice setting;
- engage in interactive learning that supports a practical hands-on approach;
- further develop a collaborative network of health care providers;
- further develop stroke assessment and treatment skills;
- further develop and share stroke expertise;
- become more aware of how to support the stroke client and caregiver;
- learn about exciting changes occurring that are improving patient outcomes.

**Program Content**

- Plenary presentations – morning presentations held in the Ballroom targeting all participants
- Concurrent afternoon break-out sessions (three 45 min. concurrent sessions with four sessions running in each time slot)
- Posters/displays and networking opportunities

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**Call for Displays & Posters**

Do you have a program, service, resource or tool related to Best Practice Across the Care Continuum? Would you like to share and display them at this workshop?

Please let us know if you are interested

saulnies@kgh.kari.net

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**Registration Form**

Southeastern Ontario Stroke Symposium, November 23, 2016

Register on-line

OR

Fax this application by Wednesday, November 16, 2016 to:
Charlette Eves, Administrative Assistant
Stroke Network of Southeastern Ontario
Kingston General Hospital
Ph: (613) 549-6666 x 3853
Fax: (613) 548-2454
Email: evesc1@kgh.kari.net

Registration Information MUST be completed in FULL.

*You will receive a confirmation email once your registration is received*

Name: ______________________________________________________
Position: ____________________________________________________
Organization: ________________________________________________
Address: __________ ________________________________
Tel: __________________________   Fax: _________________________
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Symposium Speakers

<table>
<thead>
<tr>
<th>Name</th>
<th>Title and Affiliation</th>
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<tbody>
<tr>
<td>Corrie Allingham, OT Reg. (Ont), MCSc(OT)</td>
<td>Occupational Therapist, Providence Care, South Hastings Inc., Belleville</td>
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<tr>
<td>Kelly Bodie, RN CON(C), BSN, MN</td>
<td>Manager, Imaging Services OPPU, Kingston General Hospital</td>
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<tr>
<td>Kate Brant</td>
<td>Indigenous Community Development Worker, Otkwehowne</td>
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<tr>
<td>Gwen Brown, RN, BA, BEd, MA</td>
<td>Regional Stroke Community &amp; LTC Coordinator, Stroke Network of Southeastern Ontario</td>
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<tr>
<td>Maureen Buchanan, Indigenous NP</td>
<td>Anishinabe, Kingston Community Health Centre</td>
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<tr>
<td>Lynsey Butler, OT Reg.(Ont)</td>
<td>Occupational Therapist, Kaymar</td>
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<tr>
<td>Todd Croucher</td>
<td>Stroke Survivor</td>
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<tr>
<td>Natasha Day, MA, MCJSc, SLP, Reg. CASLPO</td>
<td>Speech-Language Pathologist, Perth-Smiths Falls District Hospital</td>
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<tr>
<td>Mary Jo Denner, BScPT</td>
<td>Practice Leader, Inpatient Physiotherapy, Providence Care, St. Mary’s of the Lake</td>
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<tr>
<td>Vince DePaul, BHSc(PT), PhD</td>
<td>School of Rehabilitation Therapy, Faculty of Health Sciences, Queen’s University</td>
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<tr>
<td>Kat Dowker, RN, BNSc, MScN, EN(C)</td>
<td>Clinical Learning Specialist, Emergency Department, Kingston General Hospital</td>
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<tr>
<td>Heather Fairbairn, OT Reg.(Ont)</td>
<td>Occupational Therapist, Physical Medicine &amp; Rehabilitation, Providence Care, St. Mary’s of the Lake</td>
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<tr>
<td>Laurie Forbes, BScPT</td>
<td>Physiotherapist, Quinte Health Care</td>
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<td>Mike Gardner</td>
<td>Stroke Survivor</td>
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<tr>
<td>David C. Howe, MD FRCPC</td>
<td>Stroke Neurologist, Stroke Prevention Clinic, Brockville General Hospital</td>
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<tr>
<td>Emma Hum, BScH, MCJSc, Reg. CASLPO</td>
<td>Speech Language Pathologist, Acute Stroke Team, Neurology &amp; Neurosurgery, Kingston General Hospital</td>
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<tr>
<td>Maria Hussain MD FRCPC</td>
<td>Assistant Professor, Division of Geriatric Psychiatry, Queen’s University</td>
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<tr>
<td>Al Jin, MD, PhD, FRCPC</td>
<td>Medical Leader, Stroke Network of Southeastern Ontario, Assistant Professor, Neurology, Queen’s University, Director, Stroke Prevention Clinic, KGH</td>
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<tr>
<td>Cathy Lyle, RN, MSc</td>
<td>Advanced Practice Leader, Nursing for Operational Readiness, Providence Care</td>
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<tr>
<td>Lee Marchildon, BA, BSt</td>
<td>Stroke Services Co-ordinator, Community Care for South Hastings Inc., Belleville</td>
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<tr>
<td>Cally Martin, BScPT, MSc (Rehab)</td>
<td>Regional Director, Stroke Network of Southeastern Ontario</td>
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<tr>
<td>Alexandre Menard, MD, FRCPC</td>
<td>Assistant Professor, Department of Diagnostic Radiology, Queen’s University</td>
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<tr>
<td>Colleen Murphy, RN, BNSc, MHS</td>
<td>Best Practice Stroke Coordinator, Stroke Network of Southeastern Ontario</td>
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<td>Joan Moloughney</td>
<td>Stroke Survivor</td>
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<td>Karen Pearson</td>
<td>Director, Imaging Services, Kingston General Hospital</td>
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<td>Kathleen Pratt, MSW, RSW</td>
<td>Stroke Services Coordinator, VON Greater Kingston</td>
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<td>Amy Quilty, OT Reg. (Ont)</td>
<td>Occupational Therapist, Quinte Health Care</td>
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<tr>
<td>Melissa Roblin, RN, BScN, GNC (C)</td>
<td>Clinical Resource Nurse, District Stroke Centre, Quinte Health Care</td>
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<tr>
<td>Andrea Rochon, RN, MScN</td>
<td>Advanced Practice Nurse – Clinical Nurse Specialist, Gerontology, Professional Practice, Providence Care</td>
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<tr>
<td>Nicole Szumianski, RN, BNSc, CTE</td>
<td>Public Health Nurse, KFL&amp;A Public Health Unit</td>
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<tr>
<td>Sue Saulnier, RN, BNSc, MEd</td>
<td>Regional Stroke Education Coordinator, Stroke Network of Southeastern Ontario</td>
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<tr>
<td>Mark Schijning, BA, ACP, CMMII</td>
<td>Chief, Emergency Services, County of Lennox and Addington</td>
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<tr>
<td>Chandra Sarker, MSc, RD, CDE</td>
<td>Dietitian, Brockville General Hospital</td>
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<tr>
<td>Beth Steimmlinger MSW, RSW</td>
<td>Director of Clinical Services, Quinte &amp; District Rehabilitation</td>
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<tr>
<td>Martin W. ten Hove M. Eng, MD, FRCSC</td>
<td>Head and Associate Professor, Department of Ophthalmology, Edna and Ernie Chair in Ophthalmology, Queen’s University</td>
</tr>
<tr>
<td>Linda Weese</td>
<td>Stroke Survivor</td>
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Schedule of Events

0800-0830  Continental Breakfast & Registration

0830-0840  Welcome & Introduction
            Mike Gardner

0840-0910  Stroke Prevention and Care in Ontario: Time for another (R)Evolution?
            Chris O’Callaghan, Cally Martin

0910-0935  I am my Father’s Son- 39 Years Later
            Todd Crouchman, Amy Quilty

0935-1000  Hemorrhagic Stroke
            Dr. Al Jin

1000-1025  BREAK (visit poster & display tables)

1025-1055  Endovascular Stroke Therapy (EVT)
            Dr. Alex Menard, Dr. Al Jin

1055-1120  Post Stroke Depression
            Dr. Maria Hussain

1120-1140  What We Heard: Charting a Course for Successful Community Reintegration After Stroke
            Gwen Brown

1140-1200  Acute Stroke Unit Care: The Voice of the Stroke Survivor and their Families
            Linda Weese, Joan Moloughney

1200-1310  NETWORKING LUNCH–Discussion Tables & Posters

1310-1355  *Concurrent Sessions #1

1400-1445  *Concurrent Sessions #2

1445-1515  BREAK (visit poster & display tables)

1515-1600  *Concurrent Sessions #3

* Please Rank your top 4 Concurrent Session Selections on the Registration Form
Concurrent Sessions Description

1) Using Technology in Rehabilitation: Maximizing Potential, Avoiding Pitfalls
   From robotics and virtual reality, to smartphones and activity monitors; emerging technology seems to carry great potential to improve patient care in stroke rehabilitation. However, integrating these devices and tools can be a challenge for therapists, teams, and administrators. In this session we will review research related to the application of technology, discuss potential barriers and facilitators to successful integration, and introduce a framework for selecting and using rehab technology in frontline rehab settings.
   **Target Audience:** Rehab Across the Continuum of Care
   **Presenter:** Vince DePaul

2) Introduction to Aphasia and Communication after Acute Stroke
   A stroke can affect the way we communicate and connect with others. Learn about the different types of aphasia and strategies to support new ways to communicate. Answers to common questions will be addressed such as: How does a stroke affect the way we communicate? What is aphasia? What can I expect during the early stages of recovery? What I can do to help? What resources are available?
   **Target Audience:** All Health Care Providers with a focus on the early stages of stroke recovery.
   **Presenter:** Emma Hum

3) Cognitive Behavioural Therapy (CBT) and Stroke Rehabilitation
   Understand how Cognitive Behavioural Therapy techniques support stroke rehabilitation best practices. Learn practical strategies to optimize patient participation to achieve stroke rehabilitation intensity for harnessing neuroplasticity.
   **Target Audience:** Rehab Across the Continuum of Care
   **Presenter:** Amy Quilty

4) Early TIA Management
   TIA or minor stroke carries a high risk of recurrence with the highest risk occurring shortly after the index event. This presentation will deal with identifying the relevant risk factors associated with cerebrovascular disease and particularly dealing with new studies identifying the importance of atrial fibrillation and sleep apnea as causes of what had been referred to as cryptogenic stroke; and covert stroke and TIA and its relationship to dementia and the importance of cognitive screening. Appropriate investigations and management will be discussed.
   **Target Audience:** Primary Care, Prevention, ED, Acute
   **Presenter:** Dr. David C. Howse

5) Vision Rehabilitation Considerations Following Stroke
   This session will review the visual impairments that can occur with stroke. Treatment strategies will be discussed with particular attention to reading, driving and mobility issues.
   **Target Audience:** Rehab Across the Continuum of Care
   **Presenter:** Dr. Martin ten Hove

6) Preventing Complications “Brag & Steal”
   - Using Catheter Protocols in the Prevention of UTIs (SMOL) – Andrea Rochet & Cathy Lyle
   - Efficacy and Safety of Very Early Mobilization Within 24 Hours of Stroke Onset (QHC) – Laurie Forbes & Melissa Roblin
   - Implementation of a Nutrition Screening Tool (Brockville General Hospital) - Chandra Snarr
   - Oral Care Protocol (PSFDH) – Natasha Day
   - Implementing Supportive Conversation (PSFDH) – Natasha Day
   **Target Audience:** Acute and Rehab

7) Rehabilitation “Brag & Steal”
   - Starting the Conversation in Quinte: Aphasia Conversation Groups – Beth Steinmiller
   - Tips & Tricks on Helping Clients Exercise Post Stroke – Shannon Mulholland
   - Wii Fit Fun in Community OT Practice – Corrie Allingham
   - Strengthening Transitions from Rehab to Community Using Shared Learning and Shared Work Days – Heather Fairbairn & Lynsey Butler
   - Self-identified Goal Attainment in a Spasticity Clinic – Mary Jo Demers
   **Target Audience:** Rehab Across the Continuum of Care

8) Regional Access to Hyperacute Stroke Care: Endovascular Thrombectomy (EVT) and Thrombolysis
   Discussing regional & local interprofessional processes and needs in relation to emergency transport, standardized imaging, telestroke, thrombolysis and EVT.
   **Target Audience:** EMS, Emergency/Critical/Acute Care, and Imaging Services
   **Presenters:** Cally Martin, Dr. Al Jin, Kat Dowker, Mark Schjerning, Dr. Alex Menard, Karen Pearson, Kelly Bodie, and Melissa Roblin

9) Community Stroke Recovery: Programs & Resources Making a Difference
   Community reintegration following a stroke is fraught with challenges and stressors for the stroke survivor and caregivers. An integral component to easing these transitions is timely, facilitated linking to community supports & services. This session will provide you with knowledge of key supports and the important role they play in the recovery journey.
   **Target Audience:** All
   **Presenters:** Gwen Brown, Kathleen Pratt & Lee Marchildon

10) Vascular Health Tools Used in Prevention
    You will have the opportunity to review vascular health tools and resources available in the community including the Hypertension Management Program, Indigenous Community Hypertension Awareness Program (iCHAP) and smoking cessation. You will also have the opportunity to review innovative vascular health resources being developed for primary care.
    **Target Audience:** Primary Care and Community
    **Presenters:** Maureen Buchanan, Kate Brant, Nicole Szumlanski & Colleen Murphy